# Packing Kit List - Residential to Truleigh Hill

One large bag to contain everything.

One small rucksack for the coach.

# No mobile phones

#### Clothes

- Sufficient underwear.
- Sufficient socks long ankle socks.
- short sleeved shirts
- long sleeved shirts
- jumpers
- trousers, leggings or jogging bottoms
- Waterproof trousers
- Warm and Waterproof coat

#### Shoes

- At least 2 pairs of trainers (1 pair of old ones to get muddy and wet)
- Walking boots\* \*optional

# Sleeping

Pyjamas

# **Toiletries**

- 2 towels one for showering, one for after messy activities
- Toiletries toothbrush & paste
- Sun tan lotion

# Other

- Sun hat
- Warm wooly hat & gloves
- Torch
- Named water bottle
- Named wallet with £5 in change
- 2 or 3 black sacks for dirty clothes
- Book, quiet game, or stationery for the coach

#### Reminders:

- No electronics of any sort
- No aerosols
- Only 1 pair of flat stud earrings no other jewellery
- Hair tied back
- PACKED LUNCH FOR TUESDAY 10th SEPTEMBER in a bag