 St Peter’s Church of England (Aided) Primary School

**Anti-Bullying Policy**

Reviewed – September 2019

## Introduction

This policy has been written and discussed by pupils, staff, parents and governors over the Spring and Summer Terms 2004, and Spring 2008. This included a parent working party who discussed the document; and the Governors’ Ethos and Curriculum committee who then presented the final draft to the full Governing Body in Spring 2008. This policy was reviewed again in June 2008, July 2009, May 2010, June 2011, June 2013, March 2017, March 2018 and September 2019.

Everyone at St Peter's Church of England (Aided) Primary School should feel welcome, secure and happy. Only if this is the case will all members of the school community be able to achieve to their maximum potential. Bullying of any sort prevents this being able to happen and prevents equality of opportunity. It is everyone’s responsibility to prevent this happening and this policy contains guidelines to support this ethos. In line with the ethos of the school, we focus on encouraging positive behaviour patterns whilst at the same time dealing with any negative behaviour.

Where bullying exists the victims must feel confident to activate the anti-bullying systems within the school to end the bullying. It is our aim to challenge attitudes about bullying behaviour, increase understanding for bullied pupils and help build an anti-bullying ethos in the school. This document outlines how we make this possible at our school.

### Aim

### The aim of the anti-bullying policy is to ensure that pupils learn in a supportive, caring and safe environment without fear of being bullied. Bullying is anti-social behaviour and affects everyone; it is unacceptable and will not be tolerated. Only when issues of bullying are addressed will pupils be able to fully benefit from opportunities available at schools.

### Definitions of Bullying

Bullying can be defined in a number of ways. It is hurtful and repeated.

The bully/ies usually have a position of power over the victim e.g. a group picking on one victim.

It can include:

**physical** – hitting, kicking, taking belongings

**verbal** – name-calling, insulting, making offensive remarks

**indirect** – ignoring or spreading nasty stories or rumours

In addition the school community recognises that bullying can be devious and upsetting. It is recognised that bully victims can be singled out for any reason such as their:

|  |  |  |
| --- | --- | --- |
| * race * colour * social background | * religion * confidence * interests | * need to wear glasses * size   Or any other reason. |

The school notes that bullies can be any age or gender and have often been bullied themselves. The school works hard to ensure that pupils know the difference between bullying and “falling out”. The school recognises that pupils need to develop the confidence to tackle bullying. They should be empowered to resist bullying at both this school and at their secondary school.

#### Actions to tackle bullying

Governors and staff aim to work closely with parents, pupils and the school council to tackle bullying.

#### Statutory duty of schools

There are a number of statutory obligations on schools with regard to behaviour which establish clear responsibilities to respond to bullying. In particular section 89 of the Education and Inspections Act 2006:

* provides that every school must have measures to encourage good behaviour and prevent all forms of bullying amongst pupils. These measures should be part of the school’s behaviour policy which must be communicated to all pupils, school staff and parents
* gives headteachers the ability to discipline pupils for poor behaviour even when the pupil is not on school premises or under the lawful control of school staff.

Schools are required to comply with the Equality Act 2012 and Equality Duty (April 2011)

#### Governors

Governors will monitor and evaluate the effect of this policy and the curriculum in addressing this issue. This anti-bullying policy is the governors’ responsibility and they review its effectiveness annually. This policy is monitored on a day-to-day basis by the headteacher, who reports termly to governors about the effectiveness of the policy. Governors can analyse information with regard to gender, age and ethnic background of all children involved in bullying incidents.

#### The School Staff

Prevention is better than cure; so at St. Peter's all staff will be vigilant for signs of bullying and always take reports of incidents seriously*. Pupils who are being bullied may show changes in behaviour, such as becoming shy and nervous, feigning illness, taking unusual absences or clinging to adults. There may be evidence of changes in work patterns, lacking concentration or being unwilling to come to school.* Teachers will use the curriculum whenever possible to reinforce the ethos of the school and help pupils to develop strategies to combat bullying-type behaviour.

All reported incidents of bullying will be investigated and taken seriously by staff members. A record will be kept of incidents and added to the logs of individual pupils kept by class teachers. This should include both the victim and the bully (A photocopy may need to be given to more than one teacher). More serious and persistent incidents should involve the Headteacher. If bullying includes racist abuse then it must be reported to the Headteacher who will inform Governors. The school will keep parents informed of bullying and where necessary follow up incidents to ensure that the problem has remained resolved.

Upon discovery of an incident of bullying, we will discuss with the children the issues raised. Some incidents can be solved through a problem-solving approach. Each pupil must be given an opportunity to talk and the discussion should remain focused on finding a solution to the problem and stopping the bullying recurring. There are various strategies that can be applied if more than one pupil is involved in bullying another. Discussion, role-play and other drama techniques can be used. This can be an effective way of sharing information, understand feelings and provide a forum for discussing important issues. It can also be used just within the affected group to confront bullying that already exists.

The school can apply a number of sanctions including a warning, calling the bully's parents into school, internal exclusions within school (e.g. loss of breaktime), sending a child home at lunchtime, fixed term exclusions and permanent exclusion.

#### Parents

Parents are invited to work in partnership with the school to address the issue of bullying; and to discuss the Home-School agreement with their child(ren) on a regular basis. This Anti-bullying policy is seen as an integral part of our Behaviour and Discipline Policy. It is reviewed regularly and parents are welcome to join in that process. The school also has a number of leaflets and further information and advice about bullying available for parents. (See appendices A & B)

Parents who are concerned that their child might be being bullied, or who suspect that their child may be the perpetrator of bullying, should contact their child’s class teacher **immediately**. Parents are also welcome to discuss the issue with the Headteacher. If parents are not satisfied with the school's dealing with bullying, they can write to the Chair of Governors.

The parents of bullies and their victims will be informed of the outcome of an investigation they have initiated and may be asked to support the proposed strategies to tackle the problem. The bully will also be reminded of the possible consequences of bullying and the sanctions for repeated incidents will be clearly explained to him/her. (Persistent bullies may be excluded from school). A monitoring tool may also be used, usually incorporating a reward for achieving desired behaviours. If bullying continues, parents of all parties will be informed and may be called in if problems persist.

Parents are reminded regularly through letters and newsletters to inform their children that they must tell someone should they ever be bullied. Keeping information from the school, or from their parents, will never help a problem to be solved, and will prolong the period a victim has to suffer. Where necessary we have and will call on outside resources such as the Behaviour Support Service, Kidscape and theatre companies to support our action.

#### Pupils

Pupils are told that they must report any incidence of bullying to an adult within school, and that when another pupil tells them that they are being bullied or if they see bullying taking place it is their responsibility to report their knowledge to a member of staff. Further information for pupils about bullying is found in Appendix C

##### School Council

The School Council can play an active role in tackling bullying. This could include questionnaires, talking to bullies and victims, setting up a buddy system, or peer counseling.

**St Peters - Policy Review**

By: Ethos & Curriculum Committee

Period: 1 Year

Last Approved: September 2019

Next Review: September 2020

**Appendix A Anti-bullying advice for parents**

##### If your child has been bullied

* **Calmly talk with your child** *about his/her experience.*
* **Make a note of what your child says** *– who was involved, how often, where it happened and what happened.*
* **Reassure your child** *that he/she has done the right thing to tell you about the bullying.*
* **Explain to your child** *that should any further incidents occur he/she should report them to the teacher immediately.*
* **Make an appointment** *to see your child’s class teacher.*
* **Explain to the teacher** *the problems your child is experiencing.*

##### When talking with teachers about bullying

* **Try and stay calm** *– bear in mind that the teacher may have no idea that your child is being bullied or may have heard conflicting accounts of an incident.*
* **Be as specific as possible** *about what your child says has happened, give dates, places and name of other children involved.*
* **Make a note** *of what action the school intends to take.*
* **Ask if there is anything you can do** *to help your child or the school.*
* **Stay in touch** *with the school- let them know if things improve as well as if problems continue.*

**If the bullying continues**

* **Keep a diary** *- you or your child could make a note of bullying incidents: who-where-when.*
* **Contact the school again** *- arrange to see the teacher or headteacher.*
* **Write to the school** *- put your concerns down in writing.*
* **Write to the Chair of Governors** *- if you are not satisfied with the action being taken.*

**If your child is bullying others**

* **Talk with your child** *and explain that what he or she is doing is unacceptable and makes other children unhappy.*
* **Discourage other members** *of your family from bullying behaviour of from using aggression of force to get what they want.*
* **Show your child** *how she/he can join in with other children without bullying.*
* **Make an appointment** *to see your child’s teacher to discuss how you and the school can help stop him or her bullying others.*
* **Regularly check** *with your child how things are going at school.*
* **Give your child lots of praise** *and encouragement when he or she is co-operative or kind to other people.*

**If you think your young child is being bullied, but you’re not sure, then ask a few simple questions:**

1. *What did they do at school today?*
2. *Did they do anything they liked?*
3. *Did they do anything they didn’t like?*
4. *Who did they play with?*
5. *What sort of games did they play?*
6. *Did they enjoy them?*
7. *Can you draw a picture of the best thing that happened today?*
8. *Would they have liked to play different games with someone else?*
9. *Are they looking forward to going to school tomorrow?*

**Appendix B Further Anti-Bullying Information**

**Bullying - information and contacts**

**Advisory Centre for Education**  
ACE Education Advice & Training

72 Durnsford Road,

London

N11 2EJ

ACE Adviceline - 0300 0115 142   
Website: [www.ace-ed.org.uk](http://www.ace-ed.org.uk)

**Anti-Bullying Alliance**  
National Children's Bureau - Registered charity No. 258825. 8 Wakley Street, London, EC1V 7QE.

[www.anti-bullyingalliance.org.uk](http://www.anti-bullyingalliance.org.uk)

**Bullying Online**  
Website: [www.bullying.co.uk](http://www.bullying.co.uk)

**National Bullying Helpline**   
<http://www.nationalbullyinghelpline.co.uk>

**ChildLine**  
Studd Street  
London N1 0QW  
Tel: 0800 1111  
Website: [www.childline.org.uk](http://www.childline.org.uk)

**Department For Education Advice**

[www.gov.uk/government/publications/preventing-and-tackling-bullying](http://www.gov.uk/government/publications/preventing-and-tackling-bullying)

**Kidscape**  
2 Grosvenor Gardens  
London SW1W 0DH  
Tel: 020 7730 3300  
Website: [www.kidscape.org.uk](http://www.kidscape.org.uk)  
Publications and advice. Bullying counsellor available Mondays and Wednesdays.   
  
**Parentline Plus**  
520 Highgate Studios  
53-79 Highgate Road  
Kentish Town  
London NW5 1TL  
Helpline: 0808 800 2222   
Website: [www.familylives.org.uk](http://www.familylives.org.uk)

Appendix C Bullying – what to do about it. – Advice for pupils

BULLYING IS HURTFUL AND REPEATED.

It can include **physical** – hitting, kicking, taking belongings *or* **verbal** – name-calling, insulting, making offensive remarks *or* **indirect** – ignoring or spreading nasty stories or rumours

**If you are being bullied:**

* Try to stay calm and look as confident as you can
* Be firm and clear – look them in the eye and tell them to stop
* Get away from the situation as quickly as possible
* Tell an adult what has happened straight away

#### After you have been bullied

* Tell a teacher or another adult in school
* Tell your family
* If you are scared to tell a teacher or an adult on your own, ask a friend to go with you
* Keep on speaking until someone listens and does something to stop the bullying
* Don’t blame yourself for what has happened

**When you are talking to an adult about bullying be clear about**:

* What has happened to you
* How often it has happened
* Who was involved
* Who saw what was happening
* What you have done about it already

If you find it difficult to talk to anyone at school or home, ring Childline 0800 1111

or write to Childline, Freepost 111, London N1 0BR. The phone call or letter is free.

#### If YOU are being a bully – think

* What does it feel like for the other person?
* Would you like to be bullied? Everyday?
* This school does not put up with bullies – beware!