SUM	Y 5 Safety and the changing body	Split up in to Year 5 & 6 for sex ed.	Y4 Safety and the changing body Building awareness of online safety and the benefits and risks of sharing information online; identifying the difference between private and public; age restrictions; exploring the physical and emotional changes in puberty; the risks associated with tobacco; knowing how to help someone with asthma	Catch up / Revisit / Retrieve	Y1 Economic wellbeing	Catch up / Revisit / Retrieve	
SPR	Y5 Economic wellbeing Developing understanding ab income and expenditure, borrowing, risks with money a stereotypes in the workplace	how to keep money safe, career	Y4 Economic wellbeing Exploring: choices associated spending, what makes something good value for money, career aspirations and what influences career choices	Y3 Economic wellbeing Introduction to creating a budget and learning about: the different vays of paying, the emotional impact of money, the ethics of spending and thinking about potential jobs and careers	Y2 Citizenship	Y1 Economic wellbeing	CYCLE B
AUT	Y5 Citizenship An introduction to the justice syst how parliament works; and the ro of pressure groups; learning abourights and responsibilities, the imof energy on the planet and contributing to the community	Y6 Citizenship Learning about: human rights, food choices and the environment, caring for others, recognising discrimination, valuing diversity and national democracy	Y4 Citizenship Learning about Human rights and caring for the environment; exploring the role of groups within the local community and appreciating community diversity; looking at the role of local government	Y3 Citizenship Learning about children's rights; exploring why we have rules and the roles of local community groups, charities and recycling and an introduction to local democracy	Y2 Safety and the changing body	Y1 Citizenship	
SUM	Y6 Safety and the changing body	Split up in to Year 5 & 6 for sex ed.	Y3 Safety and the changing body Learning about: cyberbullying and how to be good digital citizens; first aid, bites and stings and how to be safe near roads. Pupils also think about choices and influence	Catch up / Revisit / Retrieve	Y1 Safety and the changing body	Catch up / Revisit / Retrieve	
SPR	Y5 Health and wellbeing Learning to take greater responsibility for sleep, sun safety, healthy eating and managing feelings; setting goals and embracing failure; understanding the importance of rest and relaxation	Y6 Health and wellbeing Learning about diet, oral hygiene, physical activity and the facts around immunisation. Exploring rest and relaxation and how they affect physical and mental health. Strategies for being resilient in challenging situations and planning for long-term goals	Y3 Health and wellbeing Understanding that a healthy lifestyle includes physical activity, a balanced diet, and rest and relaxation; exploring identity through groups we belong to, and how our strengths can be used to help others; learning how to solve problems by breaking them down into achievable steps.	Y4 Health and wellbeing Developing emotional maturity; learning that we experience a range of emotions and are responsible for these; appreciating the emotions of others; developing a growth mindset; identifying calming and relaxing activities; developing independence in dental hygiene	Y1 Health and Wellbeing	Y2 Health and Wellbeing	CYCLE A
AUT	Y5 Families and relationships Developing an understanding of families, including marriage and what to do if someone feels unsafe in their family; learning that dealing issues can strengthen a friendship; exploring the impact of bullying and what influences a bully's behaviour; learning to appreciate our individual positive attributes.	Y6 Family and relationships Learning: to resolve conflict, through negotiation and compromise; about respect, understanding that everyone deserves to be respected and about grief	Y3 Family and relationships Learning: how to resolve relationship problems; effective listening skills and about non- verbal communication. Looking at the impact of bullying and what action can be taken; exploring trust and who to trust and that stereotyping can exist	Y4 Family and relationships Learning that families are varied and differences must be respected; understanding physical and emotional boundaries in friendships; exploring: the roles of bully, victim and bystander; how behaviour affects others; manners in different situations and learning about bereavement	Y1 Family and relationships	Y2 Family and relationships	
	Milestone 3		Milestone 2		Milestone 1		