KEY:
TOPIC TITLE – BOLD & UNDERLINED
'TWINKL MOVE' P.E. UNIT TITLE
SUBJECT CONCEPTS – all take place in each unit

## P.E. LONG TERM PLAN & CYCLE of UNITS of STUDY

KEY: Indoor Outdoor

	Milestone 3	Milestone 2	Milestone 1
	2 <sup>nd</sup> Half – Gym: Movement Y5 & Basketball Y5	Activity Y3  2 <sup>nd</sup> Half – Gym: Movement Y4 & Adventurous Outdoor Activity Y4	Toys  1st Half – Dance - Toys & Multiskills – Throw / Catch  2nd Half – Circuit Training & Multiskills – Throw / Catch
AUT	World War 2  1st Half – World War 2 Dances Y5 & Invasion Games Y5	Roman Britain  1st Half – Dance: Romans Y4 & Adventurous Outdoor	Toys  1st Half - Dance - Toys & Multiskills - Throw /
SPR	Darwin's Dragons  1st Half – Handball Y5 & Orienteering Y5  2nd Half – LeadershipY6 & Adventurous Outdoor Activity Y6	1st Half – Circuit TrainingY3 & Football Y3 2nd Half – Circuit Training Y4 & Y4 Tag Rugby	Exploring Africa  1st Half – Gym – Animals & Multiskills – attack / defend  2nd Half – Gym – Land & City-scapes & Multiskills –  attack / defend
SUM	Settlement  1st Half – Swimming & Athletics Y6  2nd Half – Swimming & Rounders Y5	Cities and Mountains  1st Half – Swimming & Athletics Y3  2nd Half – Swimming & Striking & Fielding Fundamentals Y3	Castles and Kingdoms  1st Half – Swimming & Multiskills – Sports Day  2nd Half – Swimming & Multiskills – Running / Jumps
AUT 	Ancient Greece  1st Half – Dance Through the Decades Y6 & Invasion Games Y6  2nd Half – Gym – Linking Movements Y6 & Netball Y6	1 <sup>st</sup> Half – Gym – Ancient Egypt Y4 & Invasion Fundamentals Y3 2 <sup>nd</sup> Half – Games – Dodge Ball Y3 & Invasion Games Y4	Fire and Ice  1st Half – Dance – Starry Skies & Multiskills – bat & ball  2nd Half – Dance – Starry Skies & Multiskills – bat & ball
SPR	France  1st Half – Circuit Training Y5 & Volleyball Y6  2nd Half – Circuit Training Y6 & Tennis Y5	We are Britain  1st Half – Gym – Shape Y3 & Hockey Y4  2nd Half – Dance – Animal Carnival Y4 & Net / Wall  Fundamentals Y3	Once Upon a Time  1st Half – Gym Traditional Tales & Invasion Games  2nd Half – Circuit Training & Invasion Games
SUM	The Arrival  1st Half – Swimming & Athletics Y5  2nd Half – Swimming & Striking & Fielding Y6	South America  1st Half – Swimming & Athletics Y4  2nd Half – Swimming & Cricket Y4	Ocean Rescue  1st Half – Swimming & Multiskills - Olympics  2nd Half – Swimming & Multiskills – Target Games